

# 2023 CONFIRMATION PACKET

## **What is Confirmation?**

Confirmation is one of the three sacraments of initiation for Catholics. It is a sacrament that will deepen the baptismal gifts and equip students to have a stronger Catholic Faith. Confirmation is administered by laying on of hands and anointing with chrism accompanied by prayer. The effect of the sacrament of Confirmation is for the individual to be sealed with the gifts of the Holy Spirit.

Our Confirmation program begins in the spring semester of the 10th grade year; students are confirmed in the fall semester of their 11th grade year.

For more information, contact Brooke Ross, Youth Ministry Director and Confirmation Coordinator, at [youthgroupmgm@gmail.com](mailto:youthgroupmgm@gmail.com).

## **CATECHESIS**

The students will have six options to choose from for outside individual formation between March 1st and August 1st. Holy Spirit's in person required Confirmation Classes take place during the Fall Semester of Junior Year beginning August 13th. Students are expected to attend all classes since there are only 7. If your student has work or an outside commitment during that time and cannot reschedule those, please contact Brooke Ross at [youthgroupmgm@gmail.com](mailto:youthgroupmgm@gmail.com).

## **SACRAMENT**

This year's Confirmation date will be confirmed this month. Archbishop Rodi will preside.

A required practice and parent/sponsor meeting will be held the day before the Confirmation.

If you'd like to donate snacks to the meetings, a sign up will be available in August.

## **JUNIOR CONFIRMATION RETREAT**

Purpose: gives students a final opportunity to reflect as a community about receiving the Sacrament of Confirmation and to grow closer to God through fellowship and community.

Dates: TBD

## **Individual Formation Requirement :**

Six Resources to choose from:

+ If your student *does not attend Catholic School*, he or she must pick 3 resources.

+ If your student *does attend Catholic School*, he or she must pick 2 resources.

- **Read Decision Point by Matthew Kelly**

- This is an incredible resource that I will have available for your student for free (as supplies provide) at the Parish. This book is an incredible journey through Catholicism by Matthew Kelley that can be read individually or as a family. Once your student has completed the book, I will send a writing prompt that will ask for a brief written reflection to prove completion. The book must be finished by August 1st.

- **Formed video program**

- Holy Spirit Parish offers a subscription to Formed which is a Catholic learning service on demand, it can be reached online through the website or through the Formed App. I will have a set list of videos and questions that your student will complete and email back to me as proof of completion. The videos cover key points of Catholic Formation. The program must be completed by August 1st. Email for Videos / Questions.

- **Attend the Sunday School on Church History 9:15-10:45**

- If your student would like to participate in the Sunday School class, this upcoming year's class will focus on Church history and is from 9:15-10:45 on Sundays. You can sign up via Charity Firestone who's email I can give you. Send me proof of signing up when you do so. The next class begins in August of 2023. I will have a separate sign in sheet for Confirmation Students to check attendance. If your student is currently in the class, I encourage him / her to sign up for next year's as well.

- **Attend Youth Group weekly**

- If your student does not currently attend youth group it is a weekly event that typically includes a dinner, talk or reflection, and fun activity. This is a great way to surround yourself with peers who are also interested in the Faith and growing together through healthy fellowship. The event is weekly on Wednesday's from 7:00-8:30. I will have a separate sign in sheet for Confirmation Students to check attendance. Students that choose this option will be expected at weekly events but will be allowed 1 excused absence per month.

- **Volunteer to participate in the Live Stations**

- The Live stations are a beautiful volunteer opportunity during this Lent. Our high school and Middle school students will walk us through the 14 stations of the cross on March 24th at 6:00pm. There are acting, behind the scenes, and reading parts available. If you are interested in signing up, please contact me or Zavie George. Rehearsals will be from 4:30-5:30 March

3, 10, 17, with the performance day on the 24th. You must attend at least 2 of these rehearsals to participate.

- **Complete 25 Service Hours**

- Service is incredibly transforming, beneficial, and eyeopening. I ask that if you choose this option, you email [youthgroupmgm@gmail.com](mailto:youthgroupmgm@gmail.com) the place(s) you would like to complete your hours. After I approve of the project or site, you may begin. I will give you a log to keep track of your hours. Once your hours are completed, I ask that you write a one page reflection on the experience, how it has prepared you for Confirmation, and what values you gained from participating. This opportunity is a good option for those of you with jobs or sports who cannot make weekly commitments during school. These hours must be completed, submitted by turning in the log & reflection via email or in person at Holy Spirit by August 1st.

Your student must submit to me, via email what they have chosen by **March 31st**; however your student needs to sign up for Live Stations by Wednesday March 1st if they plan to participate in those. Your Student will be expected to complete his or her individual formation between March 1st - August 1st. Beginning on August 13th, your student will be required to attend biweekly meetings on Sunday Afternoons for in person group formation. We will have a speaker series while learning the values of the Catholic Faith, diving into the gifts of the Holy Spirit, and how to continue using those after Confirmation.

### **Other optional resources :**

**Podcasts** : Fr. Mike Bible in a Year Podcast or Catechism in a Year, Hallow App for Daily Prayer or talks

**Books** : When Did We See You Lord? by Baker Groeschel, Tattoos on the Heart by Fr. Gregory Boyle, Left to Tell by Immaculee Illibigiza, or books on the lives of the Saints.

**Church weekly events** : Daily Mass, Adoration, Stations, Confession

**Service Opportunities** : The youth group offers quarterly service projects, but regular opportunities can be found at the following places : Father Purcell's Home for Children, Catholic Social Services, or Hands on River Region.

## **MEETING & DUE DATES**

### **March 31st:**

Register for Confirmation and email Mrs. Brooke choices for outside formation.

### **May 1:**

Baptismal form, Saint submission, and Sponsor Form all turned in.

### **August:**

August 13th - Meeting

August 27th - Meeting

### **September :**

September 10th - Meeting

September 24 - Meeting

### **October:**

October 15th - Meeting

October 29nd - Meeting

### **November :**

November 5th - Final Meeting

### **Rehearsal :**

Day before Confirmation

### **Potential dates for confirmation :**

November : 18 or Dec : 2 / 3

### **Retreat :** TBD

## **CONFIRMATION CHECKLIST**

*Check off items as they are completed. Starred items can be completed before the listed date.*

\_\_\_\_\_ Initial Information Meeting

\_\_\_\_\_ Baptismal Certificate submitted (either mail in, deliver, or scan via email)\*

\_\_\_\_\_ Confirmation Sponsor Form submitted (either mail in, deliver, or scan via email)\*

\_\_\_\_\_ Confirmation Saint submitted (online via email)\*

\_\_\_\_\_ Confirmation Classes (in person)

\_\_\_\_\_ Confirmation Individual Formation Choices submitted\*

\_\_\_\_\_ Complete Individual Formation\*

\_\_\_\_\_ Register for Retreat

\_\_\_\_\_ Rehearsal for Confirmation

\_\_\_\_\_ Confirmation

**\*\*\*If you did not get Baptized or receive First Communion at Holy Spirit Parish, we will need a copy of your Baptismal Certificate. \*\***

Please turn it in as soon as possible or inform us that you've ordered it. Thank you!

# HOLY SPIRIT CONFIRMATION REGISTRATION 2023

Information on this form is held in confidence and is not shared without your permission.

Today's Date: \_\_\_\_\_ Confirmation Year: \_\_\_\_\_

## I. STUDENT CONTACT INFORMATION

Full Name: \_\_\_\_\_

Preferred Name : \_\_\_\_\_

Date of Birth: \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Grade: \_\_\_\_\_ Cell: \_\_\_\_\_

School: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_

## II. FAMILY CONTACT INFORMATION

Name of Father: \_\_\_\_\_

Name of Mother: \_\_\_\_\_

Mother's Maiden Name : \_\_\_\_\_ Teen lives with: \_\_\_\_\_

Primary Parent for Communication about the Sacrament: \_\_\_\_\_

Please list the contact information for the Primary Parent for Communication about the Sacrament:

Primary Phone: \_\_\_\_\_

Email: \_\_\_\_\_ Address (if different than student's) \_\_\_\_\_

Preferred Form of Contact (circle one):    Phone    Email    Mail

Are you a registered parishioner at Holy Spirit Parish? ( ) yes ( ) no ; If not, where are you registered?

## III. RELIGIOUS HISTORY

Check all other sacraments you have already received :

_____ Baptism	Location : _____	Denomination: _____
_____ Reconciliation	Location : _____	Denomination: _____
(Confession)	Location: _____	
_____ First Communion		Denomination: _____
(Eucharist)		

# CHOOSING A SPONSOR

Candidates will be required to select a sponsor for Confirmation. This person should be someone the student looks up to as a model of the faith. The prayers of the Sponsor during preparation for Confirmation is so valuable and impactful. The relationship between the child and Sponsor does not end at Confirmation; but should be the continuation of a relationship that provides guidance in the faith.

## **Included among the sponsor requirements, sponsors:**

- Must be at least 16 years old
  - Must be a Catholic who has received both First Communion and Confirmation
  - Must be an active, practicing Catholic
  - Cannot be the Child's parent
- + If your sponsor is unable to attend the actual Sacrament of Confirmation, another adult (including a parent), may stand in his/her place as a proxy. The name of your chosen sponsor will still be noted in the official Church record of your Confirmation

## **SUGGESTED WAYS TO SUPPORT A CANDIDATE**

Help the Candidate become aware of his or her reasons for receiving the sacrament of Confirmation.

Help the Candidate understand and appreciate the sacrament of Confirmation and have the right intention for receiving it.

Help the Candidate prepare for Confirmation by encouraging him or her to pray, to participate in the sacraments, especially the Eucharist and Reconciliation, and to become actively involved in the life of their parish.

Support the Candidate and their family and be a good example of Catholic Christian living.

Meet with the Candidate on a regular basis for Mass, prayer, faith-sharing, reading Scripture, and discussions about the Christian life.

Help the Candidate understand what it means to be a true disciple of Jesus Christ.

Present the Candidate to the bishop for Confirmation.

Ensure that the confirmed person behaves as a true witness of Christ and faithfully fulfills the obligations inherent in this sacrament.

Please deliver the following form to your chosen sponsor. He or she may return it to the Holy Spirit Parish Office via mail, dropping it off in person, or scanning it via email to [youthgroupmgm@gmail.com](mailto:youthgroupmgm@gmail.com) .

## Sponsor Agreement and Information Form

Confirmation Candidate's Name : \_\_\_\_\_

### **Sponsor Information**

Sponsor Name: \_\_\_\_\_

Full Mailing Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Cell Phone: \_\_\_\_\_ Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_

Email: \_\_\_\_\_

Place of Birth: \_\_\_\_\_

Sponsor's Parish (name & location): \_\_\_\_\_

### **To be a sponsor, I realize that I must:**

1. Have the qualifications and the intention of performing this role
2. Be older than 16
3. Be a Catholic who has been confirmed and has received the sacrament of the Most Holy Eucharist
4. Be an active, practicing Catholic
5. Be receiving the sacraments of Penance and Communion frequently
6. Be married in the Catholic Church, if married
7. Lead a life in harmony with the faith and the role to be undertaken
8. Plan to maintain an ongoing relationship with the candidate in order to promote the candidate's lifelong spiritual growth
9. Plan to participate and pray for my candidate throughout the preparation process.
10. Not be the candidate's father or mother

I declare that I am living consistent with the teachings of the Roman Catholic Church and that I will be a long-term spiritual guide and mentor for my candidate and meet the requirements above.

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Sponsor's Signature

Date

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Signature of Sponsor's Pastor

Date

# CHOOSING A SAINT

This Sacrament is not meant to be completed or navigated alone. Between your teacher, peers, and family you will have incredible support in completing this Sacrament. However, your chosen Sponsor and Saint will be walking hand in hand with you this entire journey. They will remain with you after the Sacrament is completed as well. The Saints have experienced pain, joy, suffering, and all of the same emotions you are feeling now. They are meant to act as intercessors and friends for us. When choosing a saint, I advise you to dig a little deeper in your research before settling on one. You may uncover a new saint you have never heard of. There may be one you aspire to be like or one you already see yourself in. To submit your saint, simply email it to [youthgroupmgm@gmail.com](mailto:youthgroupmgm@gmail.com).

RESOURCE on suggested saints you might want to research:

<https://lifeteen.com/biggest-best-list-confirmation-saints-guys-girls/>

- [St. Denis](#)
- [St. George Martyr](#)
- [St. Joan of Arc](#)
- [St. Joseph Cupertino](#)
- [St. Louis IX](#)
- [St. Margaret of Antioch](#)
- [St. Maximilian Kolbe](#)
- [Bl. Miguel Pro](#)
- [St. Padre Pio](#)
- [St. Patrick](#)
- [St. Peter](#)
- [St. Simeon Stylites](#)
- [St. Quiteria](#)
- [Venerable Augustus Tolton](#)
- [St. André Bessette](#)
- [Servant of God Chiara Corbella Petrillo](#)
- [Servant of God Dorothy Day](#)
- [St. Gianna](#)
- [St. Jaime Hilario Barbal](#)
- [St. John XXIII](#)
- [St. John Paul II](#)
- [St. Josemaria Escriva](#)
- [St. Josephine Bakhita](#)
- [St. Katharine Drexel](#)
- [St. Luigi Orione](#)
- [St. Maria Bernard Butler](#)
- [St. Maria Faustina Kowalska](#)
- [St. Mary MacKillop](#)
- [St. Mother Teresa](#)
- [St. Óscar Romero](#)
- [St. Pauline of the Suffering Heart of Jesus](#)
- [St. Pius X](#)
- [St. Riccardo Pampuri](#)
- [Bl. Sára Salkaházi](#)
- [St. Teresa Benedicta of the Cross](#)
- [Servant of God Thea Bowman](#)
- [St. Albert the Great](#)
- [St. Alphonsus Liguori](#)
- [St. Ambrose](#)
- [St. Anselm of Canterbury](#)
- [St. Anthony of Padua](#)
- [St. Athanasius](#)
- [St. Augustine](#)
- [St. Basil the Great](#)
- [St. Bede the Venerable](#)
- [St. Bernard of Clairvaux](#)
- [St. Bonaventure](#)
- [St. Catherine of Siena](#)
- [St. Cyril of Alexandria](#)
- [St. Cyril of Jerusalem](#)
- [St. Ephrem the Syrian](#)
- [St. Francis de Sales](#)
- [St. Gregory of Narek](#)
- [St. Gregory the Great](#)
- [St. Gregory of Nazianzus](#)
- [St. Hilary of Poitiers](#)
- [St. Hildegard of Bingen](#)
- [St. Isidore of Seville](#)
- [St. John Chrysostom](#)
- [St. John of Ávila](#)
- [St. John of Damascus](#)
- [St. Peter Canisius](#)
- [St. Robert Bellarmine](#)
- [St. Thérèse of Lisieux](#)
- [St. Teresa of Ávila](#)
- [St. Thomas Aquinas](#)