

# **How to Use FORMED & Assignments**

1. Go to [formed.org](https://formed.org) or download the Formed App from the Appstore for free
2. Choose “Sign up”
3. Choose "Sign up as a parishioner"
4. Type in “Holy Spirit Catholic Church” and click on the option that has “8570 Vaughn Rd. Montgomery, AL” as the address.
5. Type in your Name and Email
6. Search the name’s of the videos below individually and enjoy watching!

## **Questions and Video Assignments :**

### Video 1: Sent by the Spirit- Episode 1: Who is the Holy Spirit? (29min)

- What are some common misconceptions people might think of the Sacrament of Confirmation?
- How should we think of the Sacrament of Confirmation as? (Answer form “The Sacrament of \_\_\_\_\_”)
- Why do you want to be Confirmed?

### Video 2: Mary & the Saints: Our Spiritual Mother & the Communion of Saints (19min)

- Why do we show reverence to Mary?
- What is a “dogma” and what are the four Marian dogmas?
- What is something not covered in these questions that you took away from watching this video?

### Video 3: The Dignity of Life with Paul George (23min)

- When does life begin?
- Can we separate body and soul?
- What is one characteristic all human lives have that the speaker touched on?
- What is something not covered in these questions that you took away from watching this video?

### Video 4: Vocations Part 1 (Boys watch Called to Holy Orders with Fr. Paul and girls watch Called to Consecrated Life with Sr. Bethany Madonna)

- What is one way you can begin to discern your vocation now?
- What is one vow that a man (or woman) joining the religious life must take?

- What is something not covered in these questions that you took away from watching this video?

#### Video 5: Vocations Part 2: Called to Holy Matrimony with Annie & Scott Powell (26min)

- What is your mission statement for life?
- What is the purpose of a dating fast?
- Finish the quote, “The Sacrament of Matrimony, gives spouses the grace to \_\_\_\_\_ with the love with which Christ has loved His Church.”
- What is something not covered in these questions that you took away from watching this video?

#### Video 6: The Eucharist is Sacrifice and Communion (25min)

- What is the Eucharistic Revival?
- How do we participate in the Presentation of the Eucharist at every Mass?
- What is referred to as the “source and summit”?
- What is something not covered in these questions that you took away from watching this video?

#### Video 7: Walk through the Mass (18min)

- What are the four parts of the Mass?
- Name two sub-parts of the Liturgy of the Word.
- Name two sub-parts of the Liturgy of the Eucharist.
- How is the obligation of keeping holy the Sabbath a gift and not just a “rule”?
- What is something not covered in these questions that you took away from watching this video?

#### Video 8: Penance & Anointing of the Sick (24min)

- What is the connection between Peter walking to Jesus on the water and the Sacrament of Confession?
- Why do we believe priests can speak “in persona Christi” to forgive sins?
- What are the effects of receiving the Sacrament of the Anointing of the Sick?
- What is something not covered in these questions that you took away from watching this video?

#### Video 9: Fear of Being Canceled w/ Paul J. Kim / Fearless (21min)

- How has social media changed your life positively and negatively?
- What are some issues you are nervous to bring up with your friends out of fear of being disagreed with or disliked?

- Who is an example of someone in your life or someone you admire who acts boldly and unapologetically for God?
- What is something not covered in these questions that you took away from watching this video?

#### Video 10: The Cost (13min)

- What does being Christian mean according to Chika?
- What does Jesus change the meaning of the Cross to?
- Why does Jesus not shield us from suffering and what good can come from it?
- What is something not covered in these questions that you took away from watching this video?

#### Video 11: The Gifts of the Fruits of the Holy Spirit / You are sent (12min)

- What are the Gifts of the Holy Spirit?
- What are the Fruits of the Holy Spirit?
- What are the Charisms of the Holy Spirit?
- What does it mean to be “Sealed with the Holy Spirit”?
- How can we begin to increase the fruits of the Holy Spirit in our lives?
- What is something not covered in these questions that you took away from watching this video?

#### Video 12: Sacrament of Confirmation by Fr. Mike Schmitz (47min)

- Why do we either have to fully believe Jesus is either God or delusional?
- How can we compare our relationship with God to a married couple?
- What are the five things that happen as an effect of Confirmation?
- How is the chocolate milk story mirrored in Confirmation?
- What is something not covered in these questions that you took away from watching this video?